

Internship Search Strategies

Below is a quick guide to some good ways for you to find internship opportunities.

- **Utilize a high-success platform:** Seek out job search platforms that are recruiting specifically for your university, college, major, or skill-set. Handshake is the main platform of the University of Utah. Employers posting internships on Handshake specifically select the U as a university they would like to recruit from.
- **Apply directly to a company:** You can also apply directly to a company if you have a few you are specifically interested in. Be sure to mention that in your cover letter!
- **Join a program:** Programs can help with the entire internship process and typically include some helpful added components. Two good and common options are the Hinckley Institute and Learning Abroad.
- **Use your network:** This is still the most common way people find internships. It is a powerful tool and has many manifestations. Connect with the people you know, grow your network through events and social opportunities, and join organizations.
- **Create your own:** Utilize your current part-time job, volunteer activity, or other experiential learning position as an internship by reframing your tasks and responsibilities.



Make an Appointment:

If you have any questions on the above search strategies or if you would like help identifying other options, make an appointment with your internship coordinator. She can also help with resumes, cover letters, outreach assistance or any other internship-related questions you may have!

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